Packing Essentials

TRIP ABROAD

NUMBER OF DAYS .....

FORECAST .....

CLOTHING

- Trousers/shorts
- Skirts/ dresses
- Tops/ a jumper or cardigan
- Underwear & sleepwear
- Swimwear
- Jewellery /accessories

FOOTWEAR

- Shoes
- Sandals/flip flops
- Trainers

TOILETRIES

- Face wash, Shower gel
- Moisturisers & make-up
- Shampoo /conditioner /hair products
- Toothbrush & toothpaste
- Glasses /contact lenses
- Suncream, after sun, insect Repellant

ESSENTIALS

- Passport & boarding card
- EHIC/insurance
- Currency & bank card
- Chargers/plug converter
- Hat & sunglasses
- First aid kit (incl. bite cream, inhaler, med.s)

HAND LUGGAGE

- Small bag
- Hand gel
- Chewing gum
- Paracetamol
- Tissues
- Jumper

ACTIVITIES

- Audio books (downloaded)
- Music & headphones
- Films (downloaded)
- Pack of cards/ story cubes
- Swimwear, goggles, swimming games
- Soft toy?

MISCELLANEOUS

- Travel wash
- T Towel & washing up liquid
- Portable speaker
- Beach bag & towels

YOUR NOTES